

# Purition: Banana, Blueberry & Mango Breakfast Smoothie Recipe

## Ingredients

- 40g or 4 very heaped tsp Purition Coconut
- 1/3 of a banana
- Handful of blueberries
- Handful of diced mango
- 250ml your favourite milk

## Method

1. Add all ingredients to a blender cup
2. Blitz until smooth and enjoy straight away!!

## Tips & swaps

- Use frozen fruits if you like a thicker icy smoothie
- No Purition Coconut? Try it with Banana or Vanilla instead!

